



Isle of Man Cricket Association

IOMcricket@hotmail.com

IOMCA performance committee.

23rd August 2016 Quarterbridge pub 2016

Present - G Wright, P Littlejohn, M Williams, S Green

2016 Season Review

Winter programme

Under 11,13, National, EPP - 8 week programme by all focusing on fitness and fielding for full squads and skill specific session for EPP players all pre Xmas. 12 weeks post Xmas skill and fitness and fielding.

Under 11 - Significant improvements in standards across batting and fielding, loss of the NSC meant little time to focus on bowling due to no run up space.

Under 13 - Not the same sort of results. Same format as 11's not the same buy in from the group. Always a tricky age but lacked the real buy in to the programme to get the best results.

National team - Pre Xmas intensity built on F&F and saw lots of players injured due to various reasons. Post Xmas was agreed look at doing things differently (squad training finished) with a view to selecting in form players from league performances.

EPP - Additional skill session at 6:00 Friday morning saw a different approach but showed real results.

Easter performance camp introduced as a late addition at KWC to transform from indoor to outdoor which was a success.

Summer programme

Under 11 - 13

Rotational training/match play format on a weekly basis. Squads trained together and Super 2's format introduced to get longer matches in place.

Worked well and super 2's were then expanded to grow players and become age specific to act as trials for 2016/17 squads.

EPP - No training but a week camp to Denby to culminate training and other factors.

National side

6 weeks pre comp with group, skill set, net, fitness and middle practice. more rewarding than a once a week clubaike approach. If players bought in they had the option of 20+ sessions in a short time to get ready.



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Festivals and Tournaments

Under 11

Malvern - 1 win/4 losses - competed in all matches and showed good ability and application. Fielding excellent (commented on by all opposition), Bowling accurate but not penetrative, batting looked okay but scoring runs not just batting is the next step. Parents in the main really good. Bought into the match day culture we are trying to create.

Under 13

Bromsgrove - 3 heavy losses - Hopefully the eye opener needed to get the group to apply themselves to continual improvement. Being the best on the IOM isn't enough, are you the best you can be?. Competed in one game for 21 overs (bowling) then dropped off and conceded heavy runs. All disciplines lacked (bat, bowl, field) focus and application an area to look at.

National Team

Sweden - Won 1 lost 2. Heavy loss against Germany fought back well against Gibraltar, lost a marginal game vs Israel we should have won. Review to take place with players before releasing anything on that.

2017

Change to squads with additional age group Under 10 being added and 11 & 13 changing to 12 & 14. This to give those players around the squads another year to grow and start earlier with another group. A shadow squad also being introduced to supplement these and give training to those who fell just short with the age groups.

12, 14 & shadow squads selected under 10 trials 17th September (clubs asked to nominate).

EPP age being lowered and 6 new players added and Academy for older players (4 players).

See below.

Squad training time length to remain the same (no senior training this year) looking to recruit more coaches to assist with the squads.

Coach Ed programme to be concluded (UKCC2 to finish) along with any other programmes to assist with player development (discuss at Junior committee).



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Isle of Man Development of Excellence Pathway 2016/17 +

