

IOMCA 2023 FEBRUARY HALF TERM CLINICS

Batting Clinics

These specialist batting clinics are aimed at batters playing regular U11, U13, U15 and senior cricket. Batters will have use of the bowling machines and Merlyn spin machine to work on front foot and back foot shot development. Players will receive coaching from IOMCA and IOM National Team players. Only 12 places available per session.

Date: Sunday 19th February

Time: 12:45 - 2:45 **Age:** 13 and above

Time: 2:50 - 4:45 **Age:** 10-12

Cost: £30 (per session)

Venue: National Sports Centre Secondary Hall

Participants need: Full batting equipment & drinks

Bowling Clinic

These specialist bowling clinics will look at developing a repeatable and consistent action for seam and spin bowlers. There will be the opportunity to use video analysis to provide technical analysis of the player's action. Players will also have the opportunity to develop variations in pace and length. Coaching will be delivered by IOMCA coaches and IOM National Team players. Only 20 places available.

Date: Sunday 19th February

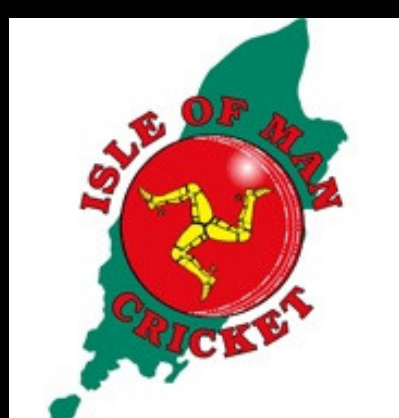
Time: 11:15 - 12:30 **Age:** 11 and above

Cost: £15 (per session)

Venue: National Sports Centre Secondary Hall

Participants need: Drinks

To book and for payment details please email
communitycoach@iomcricket.co.uk



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WWW.IOMCRICKET.CO.UK

