

IOMCA Training dates and times

	KWC Times & Dates 2021/22	Pre Xmas times	Pre Xmas dates	Post Xmas Dates	NSC Times & Dates 2022	Post Xmas times
Under 13 - Group 1		Mon 19:00 - 20:00	November 1st to 13th December	Jan 17th to April 4th		13:30 - 15:00
Under 13 Group 2		Mon 18:00 - 19:00	November 1st to 13th December	Jan 17th to April 4th		12:00 - 13:30
Under 15		Wed 18:00 - 19:00	November 3rd to 15th December	Jan 19th to April 6th		16:30 - 18:00
Under 17		Wed 19:00 - 20:00	November 3rd to 15th December	Jan 19th to April 6th		18:00 - 20:00
Women						15:00 - 16:30

	Post Xmas Dates
Under 13 - Group 1	Jan 15th to April 9th (No sessions on 5th March, 12th March, 2nd April)
Under 13 Group 2	Jan 15th to April 9th (No sessions on 5th March, 12th March, 2nd April)
Under 15	Jan 8th to April 9th (All weeks)
Under 17	Jan 8th to April 9th (All weeks)
Women	Jan 8th to April 9th (All weeks)